

The GPK EA™ Accountability Coaching Experience

2008 ACE™ & ACT Tele-Coaching Programs

Welcome to the GPK EA™ Accountability Coaching Experience! Congratulations! You've taken a bold first step toward living the life of your dreams. I take great pride in the work I do with my clients to uncover the riches that lie deep within each of us. Emotional Archaeology™ involves the digging and sweeping that we do together and it yields powerful results!

You've taken the first step. There are a few more initial choices you must make as we begin. No need to get stressed about it as we can be pretty flexible, tailoring things to suit personal needs as we move forward. Initially, however, many clients have found it extremely useful to have a format that can be anticipated and relied upon. At least for the first 6 months or so. (Remember, the whole program is not likely to go much longer than 18 months. If we go too far beyond that, one of us isn't paying attention!) Clients also seem to find it easier when they know they have a certain amount each month to budget, etc. Because it makes our book-keeping easier too, we offer discounts for prepaying!

First off, each of the programs starts with the Winslow Assessment Review Session at \$400.00. (This includes your first 1-hour coaching assessment review session, your Winslow Assessment Online Password & Instructions, and your Winslow Assessment Report – Retail Value = \$450!) If you've already enrolled, and you haven't received them already, you'll soon receive an email with detailed instructions on how to complete your on-line, 265 question Winslow Assessment and then download your 50 page, Winslow Report.

Next, you'll need to decide how you would like to begin the Coaching program. There are two types of plans. There are the Face-to-Face plans and there are the Tele-Coaching Plans. Face to Face coaching is conducted at convenient locations throughout the Capital District. As far north as Clifton Park and as far south as Delmar. Usually this program is utilized by people who either live in the Capital District, or travel through the area on a regular schedule. Tele-coaching sessions are conducted over the telephone. Clients from as far away as Canada and California have taken advantage of this tele-coaching. Rather than meeting face to face, with the tele-coaching, meetings are held over the telephone at prearranged times for personal, hour-long sessions with GPK.

Each type of plan has three options for you to consider. Once you decide which type of coaching you'd like, the next choice is how often you'd like to conduct coaching sessions with your coach. You can choose to have your sessions four times a month, twice a month or just once a month.

Finally, the question is how you'd like to pay for the plan you've chosen. Each option is priced a little differently and payment options are offered to further enhance the value of each of these. Due to the lack of travel involved, the tele-coaching sessions can be offered at slightly lower cost. All tele-coaching plans must either be auto-pay monthly or prepaid while Face-to-Face clients have the additional choice of paying in person prior to each session.

Finally, refer a new coaching client to me and upon their enrollment to take the Winslow Assessment and Introductory Review Session you'll receive \$50 off your next coaching session. The referred client will also receive a 10% discount off the Winslow and Review Session!

To review, the three simple decisions you need to make up front (your coach will be available to answer any further questions you may need answered to make these decisions):

- 1) Face-to-face or Tele-Coaching?
- 2) How often do you want to meet/talk? Plan A, B or C?
- 3) How do you want to pay for your plan?

Plan A – AKA The “Just Checking In” Plan (Once a month accountability coaching*)

Plan A Benefits:

One meeting/call per month on regular schedule
Broad-based, goal-oriented support
Less emphasis on task oriented brainstorming
Emphasis on purpose related accountability

Payment Plans

A1: Auto-pay monthly: Face to Face = \$150 per month, Tele-coaching = \$120 per month
A2: Prepay 6 months and receive 5% discount
A3: Prepay full year and receive 10% discount

(* This plan works best after at least six months or a full year of either of the following plans.)

Plan B – AKA The “Right Behind Ya” Plan**

Plan B Benefits:

Two meetings/calls per month fits schedule with minimum interference
Balance between goal and task oriented support
Emphasis among purpose and goal related accountability

Payment Plans

B1: Auto-pay monthly: Face to Face = \$250 per month, Tele-coaching = \$200 per month
B2: Prepay 6 months and receive 5% discount
B3: Prepay full year and receive 10% discount

(**This plan works great for those folks whose career is well under way, who feel generally confident in their basic skill sets and are looking to enhance performance, sense of balance and confidence across the board.)

Plan C – AKA The “Side by Side” Plan***

Plan C Benefits:

Weekly meetings/calls provides reliable and frequent accountability
Balance among goal, task and esteem oriented support
Balance among purpose, goal and skill related accountability

Payment Plans

C1: Auto-pay monthly: Face to Face = \$400.00 per month, Tele-coaching = \$320 per month
C2: Prepay 6 months and receive 5% discount
C3: Prepay full year and receive 10% discount

(***This plan is great for those embarking on either a new enterprise, new career or experiencing a life-transition of another nature; ie: health, relationship, career. These transitions often generally require the breaking of old patterns, the learning of new skill sets and dealing with the systemic adjustments that accompany such change. Exciting stuff!)

(****This plan is generally used by those clients whose lifestyle and/or residence precludes them from attending coaching meetings personally. Due to the lack of face to face interaction, weekly tele-coaching has been determined to be most effective. Custom programs combining the two strategies (face to face and tele-coaching) are available. If you think that your lifestyle requires this option, please feel free to discuss it with your EA™ representative.)

Finally, you can also choose the limited introductory plan. This special plan includes the Winslow and the Review Session (without the follow up coaching) for only \$450.00!

So, choose a payment plan that suits your needs and complete the following page today!

Coaching and Pricing Plan _____ = \$ _____
Plus Intro. Package _____ = \$400.00

Total _____ = _____

OR
Winslow & Review Session Only = \$450.00

Transfer one of these amounts to the Charge Form Below and complete payment information.

Participant and Coach Pledge (it's very simple):

I hereby promise to participate in the EA™ Coaching Program to the best of my abilities!

Participant – _____

Coach – _____

PARTICIPANT INFORMATION

Name: _____ *Address:* _____

City: _____ *State:* _____ *Zip Code:* _____

Primary Tel: _____ *Secondary Tel:* _____

E-mail: _____ *(Required for Program)*

CHARGE CARD*

Amount being charged: \$ _____

Check One: Mastercard Visa AmEx Discover Check Enclosed

Card #: _____ Expiration Date: _____

I hereby authorize Leadership Motivation, LLC. or its agent, George P. Kansas & Associates, to charge the above card the non-refundable amounts set forth and I agree to pay my bank according to my credit terms.

Signature: _____ Date: _____

*Complete and either Scan and Email to gpk@georgepkansas.com OR,
Fax to 815.301.8715 OR,
Mail with payment to Leadership Motivation, LLC., 14 Forest Rd, Delmar, NY 12054

END OF ENROLLMENT FORM